CAROL WHITAKER

MOTIVATIONAL KEYNOTE SPEAKER
FOR WOMEN

Keynotes That Move Women to Rise



ABOUT CAROL

Carol Whitaker is a life coach for women, author, and motivational speaker with more than 20 years of experience helping women create meaningful change.

Through her empowering approach, she helps women reconnect with their inner wisdom, strengthen self-trust, move beyond what holds them back, and embrace their next chapter with confidence and purpose.

Author of *Ridiculously Happy! The Secret to Manifesting the Life & Body of Your Dreams.*

CLARITY | SELF-TRUST | REINVENTION | PURPOSE

SIGNATURE KEYNOTES

Rise Into Your Power

Trust your inner wisdom and make confident choices that reflect who you truly are.

AUDIENCE TAKEAWAY
Leave with renewed confidence, a clear voice, and one bold step to take.

You Are Not Finished Yet

Rediscover the dreams and possibilities ahead. Your next chapter is yours to create.

AUDIENCE TAKEAWAY
Leave with a reclaimed dream and a clear first step toward it.

The Courage to Choose What Comes Next

Make important decisions with clarity, courage, and conviction.

AUDIENCE TAKEAWAY
Leave with greater self-trust and the confidence to embrace what comes next.

"She did more than speak to them. She moved them."
JEFF SHERMAN | SHERMANSPEAKS

"Carol electrified and lit up the Thrive Conference."
MARY MICHELLE SCOTT | FISHBOWL INVENTORY

AS SEEN AND HEARD ON
KUTV 2 News | ABC4 Good Things Utah | DrLaura.com | Perfectify Magazine | Voyage Utah

AVAILABLE FOR SPEAKING
Women's conferences | Leadership events | Retreats | Podcast interviews

Book Carol for Your Event | carolwhitaker.com/speaking | info@carolwhitaker.com

CAROL WHITAKER

MOTIVATIONAL KEYNOTE SPEAKER FOR WOMEN

Rise into your greatest chapter.



Keynotes That Move *Women to Rise*

Life Coach for Women | Author | Motivational Speaker

Inspiring women to reconnect with their wisdom, trust their decisions, and take bold steps toward what comes next.

SPOKEN AT

Thrive Women's Symposium
Utah College of Applied Technology Annual Conference

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WHAT EVENT HOSTS SAY

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"Carol electrified and lit up the Thrive Conference."

MARY MICHELLE SCOTT | FISHBOWL INVENTORY

IDEAL EVENTS

Women's conferences and retreats | Leadership events | Professional associations | Community gatherings | Interviews

BOOK CAROL FOR YOUR EVENT

carolwhitaker.com/speaking | info@carolwhitaker.com

Carol Whitaker

Life Coach for Women · Author · Motivational Speaker



SHORT BIO

Carol Whitaker is a life coach for women, author, and motivational speaker with more than 20 years of experience. She helps women reconnect with their own wisdom, trust themselves, and rise into their greatest chapter. She is the author of *Ridiculously Happy! The Secret to Manifesting the Life & Body of Your Dreams*.

FULL BIO

Carol Whitaker is a life coach for women, author, and motivational speaker who has spent more than 20 years helping women transform their lives from the inside out. Her holistic approach brings together emotional healing, mindset, nutrition, exercise, and self-care, so women can move forward with clarity, confidence, and purpose.

Carol is the author of *Ridiculously Happy! The Secret to Manifesting the Life & Body of Your Dreams* and has been featured on KUTV 2 News, ABC4 Good Things Utah, DrLaura.com, and Perfectify Magazine. She has spoken at the Thrive Women's Symposium and the Utah College of Applied Technology Annual Conference.

Carol lives in Utah Valley with her husband of 35 years. She is the mother of three and a proud grandmother.

INTRODUCTION SCRIPT (READ BY THE HOST)

"Our next speaker has spent more than 20 years helping women reconnect with their own wisdom, trust themselves, and step boldly into what comes next. She is a life coach for women, the author of Ridiculously Happy!*, and has been featured on KUTV 2 News and ABC4 Good Things Utah. Please join me in welcoming Carol Whitaker."*

EVENT DETAILS

- Wireless microphone, either a lavalier or handheld
- Screen and projector with an HDMI connection, if slides are used
- A presentation clicker and a glass of water on stage
- Fees and availability: CarolWhitaker.com/speaking